



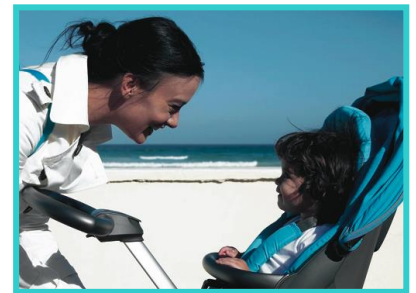
# Buggy Chatter Does Matter!

Walking with your child in the buggy is an ideal time for you to talk to your child!



- Young children need **face-to-face** communication to develop as sociable talkers and learners.
- Research shows babies are more likely to **laugh** and also **sleep** when facing you. These are signs of **well-being** and **relaxation**.

- Research shows....you are **twice as likely to talk to your child** when they are facing you. When you talk, **your child is more likely to communicate** too.



## But my child likes to see what's going on...

Children do want to look about and see the world, but it is more interesting and less frightening when it's described by you rather than whizzing past without any interpretation. Facing your baby means you can:

- make **eye contact**
- check their **feelings**
- give instant **reassurance**.
- **point out things** along the way
- **notice what grabs your child's attention** and **respond**.



If your buggy doesn't allow you to face each other, make sure there are opportunities to **turn it round so your child can see and talk to you**, e.g. on the bus, waiting outside school.