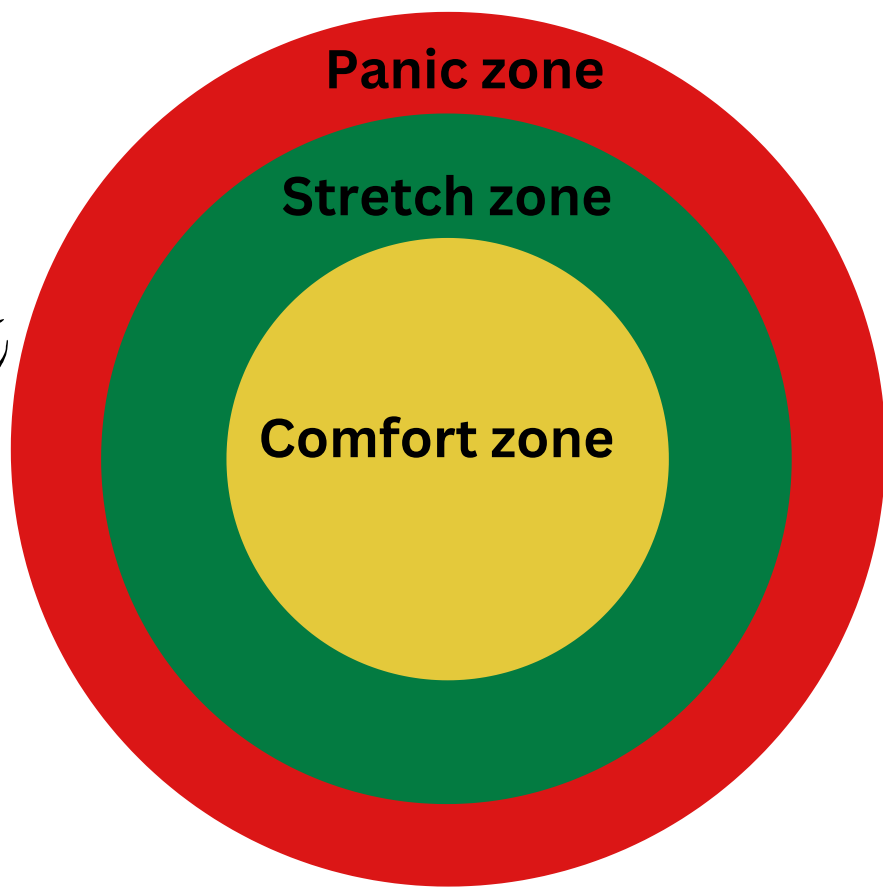




FIND YOUR BRAVE...

'Life begins at the end of your comfort zone'



What do you think it means to be brave?

Where do we like to spend most of our time?

Where do we learn or grow the most?

How will you know you were in your stretch zone today?

What happens if we stay in our comfort zone?

As you spend more time in your stretch zone, what effect does this have on your comfort zone?

I know I can step outside my comfort zone because...